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Serial No. 09/925,934

3764

*Handwritten initials and signature: RB, 11-19, #8/β*

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant(s): Paul Patterson §  
Serial No.: 09/925,934 §  
Filed: August 9, 2001 §  
For: Multi-planar Rowing Machine and §  
Associated Exercise Protocols §

§ Group Art Unit: 3764  
§ Examiner Fenn C. Mathew  
§ Confirmation No.: 5816

Mail Stop Amendment – No Fee  
Commissioner For Patents  
PO Box 1450  
Alexandria VA 22313-1450

**Certificate of Mailing**

I hereby certify that this correspondence is being deposited with the United States Postal Service, with sufficient postage as first class mail, in an envelope addressed to: Mail Stop – Amendment – No Fee, Commissioner for Patents, P. O. Box 1450, Alexandria, VA 22313-1450

*Stephanie L. Hall*  
Signature

*11-3-03*  
Date of Deposit

**AMENDMENT AND RESPONSE TO RESTRICTION REQUIREMENT**

Commissioner:

In response to the Restriction Requirement dated October 3, 2003 with respect to the above-identified application, the Applicant hereby elects to prosecute the invention of Group I (Claims 1-13). This election is hereby made **WITH TRAVERSE**.

The Applicant further requests the Examiner to enter the Amendment set forth below. The changes made are shown by underlining the added text and striking through the deleted text.

**Amendments to the Claims** begin with the listing of claims which starts on page 2 of this paper.

**Remarks/Arguments** with respect to the Restriction Requirement begin on page 8 of this paper.